

February 2018

Schoharie CSD Breakfast Menu

Grab and Go options include: Hot entrée of the day, Assorted Muffin, Plain bagel w/crm cheese, Fresh fruit,100% fruit juice, Assorted Low fat or fat free milk

Cold options include: Assorted Cereal, yogurt parfait,100% fruit juice, Assorted low fat or fat free milk

Breakfast cost : Elem \$1.50 Reduced .25 HS \$1.60 Reduced .25			WG Cinnamon Bun Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 1	French toast sticks w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 2
Mini Pancake Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 5	Sausage ,egg and cheese Muffin Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 6	Cherry Fundal Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 7	Breakfast pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 8	Cinnamon bun Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 9
Breakfast Pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Mil 12	Breakfast Burrito Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 13	Mini Waffle Pack w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 14	Egg and cheese Croissant Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 15	Pancake on a stick w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 16
No School 19	No School 20	No School 21	No School 22	No School 23
Apple fundal Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 26	Pancake on a stick w/syrup Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 27	Sausage egg and cheese Bagel Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 28	Cinnamon Bun Cheese stick Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 1	Breakfast Pizza Chilled fruit 100% Fruit Juice Low Fat or Fat Free Milk 2

* Menu subject to change without notice*

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Schoharie CSD Lunch menu

Daily Alternate lunch include: PBJ, Yogurt, Chef Salad w/dinner roll. Mon,/Wed /Friday Alternate Option Hamburger on a bun

Tuesday /Thursday Alternate option: Turkey Sandwich Fresh Veggies Offered Daily

<p><u>Vegetable Sub Groups</u> ;RO: red/orange DG: dark green S: starchy BL: bean/legume O: other Fresh veggies offered daily</p>			<p>Spaghetti and Meatballs Dinner roll Green beans (O) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">1</p>	<p>Bacon Cheese burger on a bun Cooked Carrots(RO) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">2</p>
<p>Chicken Patty on a bun Oven baked French fries (S) Cooked Carrots (RO) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">5</p>	<p>Meatball Sub Sweet Potato tots (RO) Broccoli Florets(DG) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">6</p>	<p>Wolfe's pizza Romaine Salad w/dressing(DG) Chocolate Cake w/frosting Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">7</p>	<p>BBQ Pork Sandwich Macaroni Salad Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">8</p>	<p>Chicken bacon Ranch Wrap Cheese stick Vegetable soup Buttered Corn(S) Chilled fruit Low Fat or Fat Free milk</p> <p align="center">9</p>
<p>Breakfast for Lunch French Toast sticks w/syrup Egg Patty Sausage Patty Chilled Fruit Low fat or Fat Free milk</p> <p align="center">12</p>	<p>Cheeseburger on a bun Garlic Potatoes (S) Cooked Carrots(RO) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">13</p>	<p>Wolfe's pizza Broccoli Florets (DG) Homemade Apple Crisp Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">14</p>	<p>Soft Tacos w/toppings Baked beans (BL) Corn bread Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">15</p>	<p>Chicken Nuggets w/dipping sauce Chicken Noodle Soup Romaine Salad w/dressing (DG) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">16</p>
<p align="center">No School</p> <p align="center">19</p>	<p align="center">No School</p> <p align="center">20</p>	<p align="center">No School</p> <p align="center">21</p>	<p align="center">No School</p> <p align="center">22</p>	<p align="center">No School</p> <p align="center">23</p>
<p>Chicken Alfredo w/noodles Broccoli Florets (DG) Breadstick Chilled fruit Low Fat or Fat Free milk</p> <p align="center">26</p>	<p>Grilled Cheese Sandwich Tomato Soup(RO) Saltine crackers Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">27</p>	<p>Wolfe's Pizza Romaine Salad w/dressing(DG) Homemade Cookie Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">28</p>	<p>Hot Roasted Turkey Sandwich w/gravy Mashed Potatoes(s) Cranberry Sauce Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">1</p>	<p>BBQ Pork Sandwich Pasta Salad Veg beans (BL) Chilled fruit Low Fat or Fat Free Milk</p> <p align="center">2</p>

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