



Vegetable sub groups: Dark Green DG, Red/Orange RO

Other O, Starchy S, Beans B

MAY 2017

Schoharie Central School

Lunch Jr/Sr High School \$2.50
Reduced \$0.25
Lunch Elementary \$2.25
Reduced \$0.25

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chicken Nuggets w Dipping Sauce
Savory Carrots (RO)
WG Dinner Roll
Fruit Juice Choice
Milk Choice

2

Meatball Sub
On a WG Roll
Green Beans (O)
Fruit Choice
Milk Choice

3

Wolfe's Pizza
Fresh Broccoli Salad (DG)
Homemade Shortcake on a WW Biscuit
With Whipped Cream Topping
Pears or Fresh Fruit
Milk Choice

4

Chicken Fajita w/Peppers & Onions
Shredded Cheese, Sour Cream & Salsa
Beans (B) or Fresh Made Coleslaw
WG Dinner Roll
Pineapple or Fresh Fruit
Milk Choice

5

Breakfast for Lunch
Breakfast Boats
Choose from Sausage or Bacon
Hash Brown Pattie (S)
Fruit Juice Choice
Milk Choice

8

Chicken Bowl
Chicken
Mashed Potatoes (S)
Corn, Gravy
WG Dinner Roll
Homemade Coleslaw
Mixed Fruit or Fresh Fruit
Milk Choice

9

Taco Tuesday
Choose Soft Shell or Taco Chips
Seasoned Ground Beef or Fish, Cheese,
Salsa, Sour Cream & Lettuce
Black Beans (B)
Pineapple or Fresh Fruit
Milk Choice

10

Wolfe's Pizza
Romaine Lettuce Salad (DG)
Homemade Chocolate Cake
Pears or Fresh Fruit
Milk Choice

11

Grilled Cheese Sandwich
MultiGrain SunChips
Tomato Soup (RO)
Fresh Carrots w/ dipping Sauce
Mixed Fruit or Fresh Fruit
Milk Choice

12

Seasoned Beef & Cheese Sliders
On a WW Bun
Sonoma County Blend Veggies (O)
Canned Peaches or Fresh Fruit
Milk Choice

15

Bacon Cheeseburger
On a WW Bun
Lettuce & Tomato
French Fries (S)
Mixed Fruit or Fresh Fruit
Milk Choice

16

Ham and Cheese on a
WG Biscuit
Vegetarian Bean (B)
Pineapple or Fresh Fruit
Milk Choice

17

Wolfe's Pizza
Fresh Carrots with Dipping Sauce (RO)
Apple Crisp w/ Whipped Topping
Pears or Fresh Fruit
Milk Choice

18

Zesty Chicken Stir- Fry
With Broccoli (DG)
Over Rice
WG Dinner Roll
Mixed Fruit or Fresh Fruit
Milk Choice

19

Breakfast Only
No Lunches Served
11:30 Dismissal

22

Fish Sticks W/Dipping Sauce
Tater Tots (S)
Corn (S)
WG Dinner Roll
Mixed Fruit or Fresh Fruit
Milk Choice

23

Taco Salad
Mexican Fiesta Rice
Black Beans (B)
Pineapple or Fresh Fruit
Milk Choice

24

Wolfe's Pizza
Homemade Brownie
Romaine Lettuce Salad
Fresh Broccoli (DG)
Pears or Fresh Fruit
Milk

25

Pasta w/ Meat Sauce
Carrots (RO)
Mozzarella Stick w/ Marinara Sauce
WG Dinner Roll
Canned Peaches or Fresh Fruit
Milk

26

Specialty Pizza
Garden Salad (O)
Fruit Choice
Milk Choice

29



Available Daily

Yogurt and Granola
Peanut Butter & Jelly Sandwich
Pizza / Chicken Patty on Wednesdays

30

Chicken Parmesan
Buttered Pasta
Steamed Broccoli (DG)
WG Dinner Roll
Fruit Choice
Milk Choice

Sandwich of the Day

Monday: Turkey **Tuesday:** Chicken Wrap
Wednesday: Tuna Salad **Thursday:** Chicken Salad
Friday: Ham and Cheese or Cheese Sandwich

31

Wolfe's Pizza
Carrots (RO)
Homemade Pumpkin Bar
Pears or Fresh Fruit
Milk

"This institution is an equal opportunity provider and employer"

We reserve the right to make substitutions when necessary